



Great Lakes Sedations

Sedation Instructions

Date:

RE: IV Sedation Appointment

To Whom It May Concern:

This is to confirm that _____ has been scheduled in our office on _____. Please report to our office by _____ am/pm on the day of the appointment.

The following pre-op instructions apply and must be accomplished for the appointment to occur:

- ✓ You are to have nothing to eat or drink 6 hours before the surgery unless approved by Dr. Moilanen. You should take all medications with minimal water unless otherwise advised by Dr. Moilanen.
- ✓ Because of the effects of the sedative, you will not be able to drive after the surgery. You must have someone accompany you to our office to drive you home. You are also advised to have someone stay with you for the 24 hours immediately following the appointment. You should not make plans for the rest of the day.
- ✓ Be sure to wear a loose, short-sleeved shirt or blouse that will not hinder the placement of the IV and the blood pressure cuff.
- ✓ If there are any health problems that you have failed to tell us about, please tell us at this time so that we may contact your physician, if necessary.
- ✓ After your arrival, your sedation may be cancelled if:
 - A. An adult who will be taking you home does not accompany you
 - B. You have an upper respiratory problem (cold) or other acute illness.

You may call us at 810.278-2310 if there are any questions.

Please call us as soon as possible if you will need to change this appointment, so that we may schedule someone else into the time reserved for you.

Thank you for your cooperation.

Instructions for IV Sedation

Because you have had an IV sedative, there are a few instructions you need to follow for the next twenty-four (24) hours.

1. **DO NOT DRIVE ANY VEHICLE OR OPERATE DANGEROUS MACHINERY** for at least 24 hours following your appointment. Someone must drive you home from our office and take you all the way to your residence. This is very important because all drugs, including anesthetic agents, slow your reaction time. Even though you may think your reactions are normal, they will be affected.
2. Be certain someone is with you when you walk from the office to your car and from your car to your home in case of dizziness.
3. You are advised to rest and relax the remainder of the day - at least 12 hours.
4. **DO NOT DRINK ALCOHOLIC BEVERAGES OR TAKE TRANQUILIZERS OR SLEEPING PILLS** for the next 24 hours. Drink clear fluids (apple juice, soup broth, ginger ale, etc.) until you are certain there is no nausea or vomiting. Then eat as desired or instructed by your doctor.
5. **DO NOT** make critical or legal decisions or do anything that requires you to be alert or coordinated for the next 24 hours.
6. Take prescribed medication only as directed.

If you have any questions, problems, or concerns, please call our office at 810.629-1306, or Dr. Moilanen after office hours at (810) 278-2310.

Your follow up appointment is: _____@_____
Please call 24 hours in advance if you are unable to keep this appointment.